

02 March 2016 at 2.00 pm

Conference Room, Argyle Road, Sevenoaks
Despatched: 23.02.16



Health Liaison Board

Membership:

Chairman, Cllr. Mrs. Bosley; Vice-Chairman, Cllr. Brookbank
Cllrs. Abraham, Dr. Canet, Clark, Dyball, McArthur and Parkin

Agenda

	Pages	Contact
Apologies for Absence		
1. Minutes To agree the Minutes of the meeting of the Board held on 25 November 2015, as a correct record	(Pages 1 - 4)	
2. Declarations of Interest Any interests not already registered.		
3. Actions from previous meeting	(Pages 5 - 6)	
4. LSP Older People's Sub Group Update	(Pages 7 - 10)	Hayley Brooks Tel: 01732 227272
5. Dementia Friendly Update	(Pages 11 - 14)	Hayley Brooks Tel: 01732 227272
6. Updates from Members		
7. Workplan	(Pages 15 - 16)	

EXEMPT INFORMATION

At the time of preparing this agenda there were no exempt items. During any such items which may arise the meeting is likely NOT to be open to the public.

If you wish to obtain further factual information on any of the agenda items listed above, please contact the named officer prior to the day of the meeting.

Should you need this agenda or any of the reports in a different format, or have any other queries concerning this agenda or the meeting please contact Democratic Services on 01732 227247 or democratic.services@sevenoaks.gov.uk.

HEALTH LIAISON BOARD

Minutes of the meeting held on 25 November 2015 commencing at 2.00 pm

Present: Cllr. Mrs. Bosley (Chairman)

Cllrs. Dr. Canet, Clark, McArthur and Parkin

Apologies for absence were received from Cllrs. Abraham, Brookbank and Dyball

Cllrs. Lowe and Searles were also present.

15. Minutes

Resolved: That the Minutes of the meeting held on 16 September 2015, be approved and signed by the Chairman as a correct record.

16. Declarations of Interest

There were no additional declarations in interest.

17. Actions from Previous meeting

There were none.

18. Dartford, Gravesham and Swanley and West Kent Clinical Commissioning Groups (CCG) Health Priorities

The Board welcomed Julie Hunt, Director of Performance Delivery and Dr. Su Xavier, CCG Consultant in Public Health from Dartford, Gravesham and Swanley CCG, who gave a [presentation](#) on challenges and strategic priorities; commissioning intentions for 2016/17; the impact and demand Ebbsfleet Garden City would have on health care services and statistics in relation to Swanley.

The Director of Performance Delivery advised that CCG's priorities for 2015 – 2017 were linked to Kent Health and Wellbeing Board outcomes. Other specific CCG priorities included bringing together geographical teams to work together with patients through Integrated Primary Care Teams and Integrated Discharge Teams and reducing the number of people requiring emergency hospital care. Paramedic Practitioners to work alongside GP surgeries to carry out the GP home visits to free up GP time and reduce the amount of being admitted to hospital had also been introduced. They have also introduced a paramedic practitioners to work alongside GP surgeries, they carry out the GP home visits to free up GP time and reduce the amount of people being admitted to hospital. In April 2016 a review of urgent care and out-of-hours services would be undertaken to enable services to be more accessible.

Agenda Item 1

Health Liaison Board - 25 November 2015

An increase of 50,000 people was expected as part of the Ebbsfleet development over the next 15 years which would impact funding and services. The London Paramount development would also have an impact on budgets as it was predicted there could be 90,000 visitors a day and not additional funding for those visitors used the local health services.

The biggest challenge facing the CCG was funding that had not yet been secured, but in the three years that the CCG has been in operation, a lot had been achieved and the transformation of services was crucial for sustainability through partnership working.

In response to questions, the CCG consultant advised that it was difficult to show outcomes from investing in preventative measures but through partnership working with Health and Wellbeing Boards and other voluntary sectors it was hoped this would be improved.

The Board thanked Julie and Su for attending and agreed the CCG should be invited to a future meeting to discuss the work on preventative measures.

The Board welcomed Dr. Bob Bowes Chairman of the West Kent CCG who gave a [presentation](#) on West Kent's CCG priorities and commissioning of services. He advised that both the Council and the CCG had similar priorities in relation to health such as obesity, mental health, older people and alcoholism. Health inequality was a problem and some areas had very deprived streets compared to other more affluent streets. Similarly to Dartford, Gravesham and Swanley CCG a key focus was keeping people in their homes rather than in hospital and to streamline processes for hospital visits.

In response to a question, the Chairman of West Kent CCG advised that there was not always a take up of GP's making referrals to the Council for people who are overweight to use the gym facilities. The Health and Communities Manager advised that information was held on the number of referrals from GP's.

Action 1: For Health and Communities Manager to circulate the number of referrals from GP's in the District.

The Board thanked Dr. Bob Bowes.

19. Swanley Dementia Friendly Communities Update

The Chairman welcomed Cllr. Searles and advised that Members had received a briefing note from Geoff Parsons regarding the Dementia Friendly Communities Project in Swanley and that Geoff was taking the lead in making Swanley a Dementia Friendly Community.

Cllr. Searles advised that he was the Chair of Alzheimer's and Dementia Support Services (ADSS). Dementia was the overarching term and under it fell different types of Dementia. It was estimated that 850,000 people were suffering with Dementia and by 2050 this would have increased to 2 million. Only 50% of people suffering from dementia have been diagnosed with the disease, there were still many people who are undiagnosed, particularly due to the stigma around mental health issues. There was a need for more people to be trained in awareness of Dementia and this would help reduce the stigma.

ADSS was creating a Dementia Hub in Northfleet which was similar to gateways but there would be a range of other service providers at the hub and it was hoped that there would be more to follow in Kent. Members were informed that Link, the Swanley Gateway, had Dementia friendly signage which helped those suffering with Dementia to find what they were looking for, e.g. toilets.

Members discussed the impact Dementia can have on families and carers and it was important for them to be supported. Members were informed that there were support services out there and a funding assessment for respite care could be applied for via Kent County Council. Healthwatch were looking closely at the provision of homes for respite care and there should not be a change in current figures. The Health and Communities Manager advised that Dementia Friends training was available for Members and staff. There were Memory cafés at community venues in Sevenoaks town, Hartley, West Kingsdown, Swanley, Westerham and Edenbridge. They had different speakers that provided users of the cafes with information on specific topics. It was a place for those suffering with Dementia and their carers to relax and talk to people in similar situations. The Healthy Living Project officer attended Dementia forums which Members were welcomed to attend.

Action 2: For Health and Communities Manager to circulate dates for the Dementia Forums.

20. HealthWatch Kent

The Board welcomed Steve Inett the Chief Executive Officer from Healthwatch who gave a [presentation](#) which explained about Healthwatch. Members were informed that Healthwatch were the consumer champion for health and social care who aimed to improve services by ensuring local people's voices were heard. They also provide free information and were a signposting service to other health organisations.

He advised that Healthwatch England were the overarching organisation and each Healthwatch could report issues or concerns which could be escalated to NHS England. Information was collected by the users of services contacting Healthwatch. The information was logged and stored to see if there were any trends. Information was also gathered by attending local health meetings including Kent County Council's Health and Overview Scrutiny Committee, to raise issues that they have been made aware of. Healthwatch is also represented on the Kent and local Health and Wellbeing Boards. He advised Members of their strategic priorities and how Members could get involved.

Members thanked Steve Inett and welcomed him back to a future meeting of the Board.

The Health and Communities Manager advised that the Council received Healthwatch's annual report and this would be circulated to Members.

Action 3: for Health and Communities Manager to circulate Healthwatch's annual report.

21. Kent County Council Public Health Consultations

The Health and Communities Manager presented a report which provided details of Kent wide Public Health Consultations on 'Adult Health Improvement Services' and 'Health Visiting and School Public Health Service.' Draft responses to the consultations were

Agenda Item 1

Health Liaison Board - 25 November 2015

tabled and Members were asked for any further comments to be submitted by Friday 4 December 2015.

Resolved: That the report be noted.

22. District's Health Priorities

The Health and Communities Manager presented a report on the Council's health priorities and how they could be delivered through existing functions for a holistic approach to health improvement. She advised that The Kings Fund had published a report on District Council's contribution to public health, which focused on seven key areas. Following initial results from the Community Plan consultation three key themes for the Council were: obesity, older people and mental health.

Action 4: for Health and Communities Manager to circulate the Kings Fund report.

Following a [presentation](#), Members were asked to consider five portfolio areas and how each could impact health in the District particularly in relation to Mental Health, Obesity and Older people and how these could be explored in the Advisory Committees.

Action 5: for Health and Communities Manager to circulate results.

Resolved: That the report be noted.

23. Updates from Members

It was agreed to postpone updates from Members'.

24. Work plan

The work plan was discussed and it was agreed to move the Dementia Friendly update to a future meeting of the Board and add Mental Health Strategic Partnership, digital inclusion and safer homes to the March meeting.

THE MEETING WAS CONCLUDED AT 4.26 PM

CHAIRMAN

ACTIONS FROM THE MEETING HELD ON 25.11.2015			
Action	Description	Status and last updated	Contact Officer
Action 1	For Health and Communities Manager to circulate the number of referrals from GPs in the District.	69 paper referrals received to date for 2015/16, another 30 people have contacted us as advised by their GP. 210 people recruited in total on the Why Weight adult weight management programme, so around half are as a result of GP contact.	Hayley Brooks Ext: 7272
Action 2	For Health and Communities Manager to circulate dates for the Dementia Forums.	Email circulated to the Health Liaison Board with dates for the Dementia Forum on 16.12.15	Hayley Brooks Ext. 7272
Action 3	For Health and Communities Manager to circulate Healthwatch's annual report.	Link circulated to the Health Liaison Board with a link to Healthwatch's annual report via email on 1.12.15	Hayley Brooks Ext. 7272
Action 4	For Health and Communities Manager to circulate the Kings Fund report.	Kings Fund Report circulated via email on 1.12.15	Hayley Brooks Ext. 7272
Action 5	For Health and Communities Manager to circulate results once feedback has been received from Members.	No feedback received from Members	Hayley Brooks Ext. 7272

This page is intentionally left blank

LSP OLDER PEOPLE'S SUB-GROUP UPDATE

Health Liaison Board - 2 March 2016

Report of Chief Officer Communities & Business

Status: For Information

Key Decision: No

Executive Summary: This report sets out details of the new Local Strategic Partnership (LSP) Older People's Sub-Group

This report supports the Key Aim of caring communities and healthy environment within the Community Plan

Portfolio Holder Cllr. Lowe

Contact Officer(s) Hayley Brooks Ext. 7272

Recommendation to Health Liaison Board: That the report be noted.

Introduction and Background

- 1 The LSP is a partnership of various organisations including the District Council, Kent Police, Kent Fire & Rescue Service, health services, housing associations and representatives from the voluntary sector and local businesses.
- 2 The LSP and its sub-groups ensure that all partners are focused on delivering the priorities identified by local people within the Sevenoaks District Community Plan.
- 3 At the LSP Development Day in 2015, partners identified a need for further partnership work to address the gaps in services and the needs of older people living in the District, with particular focus on the frail elderly, vulnerable or isolated older people.
- 4 As a result, the LSP Older People's Sub Group was formed to look at the needs of older people. The sub-group is co-ordinated by Sevenoaks District Council, other partners include Age UK, Imago, West Kent Housing Association, Sevenoaks District Seniors Action Forum, Sevenoaks Churches Together, Kent Fire & Rescue, Kent County Council and West Kent Clinical Commissioning Group (CCG).

Agenda Item 4

Sub Group Aims and Objectives

- 5 At the LSP Development Day, a number of key priorities and gaps in services were identified by partners which will be addressed by partners on the new Older People's Sub Group.
- 6 The sub-group first met in September 2015 where they nominated an independent Chair from Age UK Sevenoaks & Tonbridge and carried out a Community Plan consultation relating to the needs of older people. The next meeting is due to take place in February 2016 where the group will review the Community Plan consultation results relating to older people and develop an action plan based on identified needs.
- 7 The Terms of Reference for the sub group have been developed and partners have agreed the purpose of the sub group which include:
 - To develop an action plan with associated measurable outcomes relating to services for and issues affecting older people.
 - To identify and secure external funding for new initiatives or projects which support priorities identified by the sub group for older people, based on local needs.
 - To co-ordinate and monitor targets relating to older people's services as set out in the Community Plan.
 - To act as a forum about issues concerning the quality of life of older people and share information with other lead agencies in a co-ordinated way.
 - To report progress to the Local Strategic Partnership on a quarterly basis and escalate issues as appropriate.
- 8 A further presentation will be given to Members to outline the key priorities for the sub-group to address the identified needs of older people.

Key Implications

Financial

- 9 There are no financial implications for the Council associated to this report.

Legal Implications and Risk Assessment Statement.

- 10 There are no legal implications for the Council associated to this report.

Equality Assessment

- 11 No decision is required as part of this paper and therefore no perceived impact on end users.

Conclusions

12 Members are asked to note this report.

Background Papers:

Link to Sevenoaks District Council's Community
Plan documents:

www.sevenoaks.gov.uk/communityplan

Lesley Bowles

Chief Officer Communities & Business

This page is intentionally left blank

DEMENTIA FRIENDLY UPDATE REPORT

Health Liaison Board - 2 March 2016

Report of Chief Officer Communities & Business

Status: For Information

Key Decision: No

Executive Summary: This report updates Members on this Council's involvement in the Dementia Friendly Communities Project

This report supports the Key Aim of providing the right support at the right time, reducing health inequalities and improving health and wellbeing for all

Portfolio Holder Cllr. Lowe

Contact Officer(s) Hayley Brooks Ext. 7272

Recommendation to Health Liaison Board:

Members are asked to note the report.

Reason for recommendation: Members are asked to note the report.

Introduction and Background

- 1 By 2020, 38 per cent of the population will be aged over 50 and the number of people aged 65+ diagnosed with dementia will increase by over 25%, particularly those with mild or moderate dementia. One in five people over the age of 65 will have a form of dementia.
- 2 The prevalence of Dementia increases with age, however this is not just an older person's disease as there are more than 40,000 younger people (under the age of 65) with dementia in the UK.
- 3 Over 9,100 residents of Kent are recorded to have Dementia, with over 20,000 undiagnosed cases; two-thirds of these people are living in their own home. Sevenoaks is one of four districts in Kent who expect to see the greatest increase in an aging population, and therefore the greatest increase in people with Dementia.
- 4 'Living Well with Dementia: A National Dementia Strategy' was published in February 2009. In March 2012, the Prime Minister sought to boost the impact of the National Strategy by issuing a personal challenge on dementia. One

Agenda Item 5

aspect of that challenge was based on his view that communities and services need to be more dementia-friendly.

The Dementia Friendly Communities Challenge

- 5 The Local Government Information Unit's (LGIU) 'Four Cornerstones Model' clearly shows the potential for local authority services, beyond health and social care, to support local residents. The report states that it is important that councils take a corporate and strategic approach to dementia, harnessing this potential to support people with dementia and their carers to live well for longer.
- 6 The Model recognises that 'small changes can make a big difference' including how people respond to those experiencing these kinds of problems can make the biggest difference. People with dementia all differ in the way they experience their dementia, but generally speaking in public situations people with dementia may have a range of difficulties including:
 - Problems remembering what they are doing
 - Difficulties in communicating clearly
 - Problems handling money
 - Problems navigating in complex or confusing environments
- 7 As people get older, there are a number of changes in their senses' sensitivity simply due to ageing; these are heightened for people with dementia and can deteriorate more quickly. These include a reduction in: peripheral vision; sensitivity to colour contrasts; speed adapting to lighting levels and depth perception.

Sevenoaks District Council - Dementia Friendly Communities Project

- 8 This Council has already taken positive steps, as part of the Districtwide Dementia Friendly Communities Project, to implement best practice and lead the way to becoming more dementia and therefore community friendly. This work includes:
 - This Council, in partnership with Kent County Council, have set up Dementia Friendly Forums in the District, with the first two Forums now operating in Swanley and Sevenoaks Town. The Forums meet regularly and bring together people with dementia, carers, local businesses, residents and support organisations to develop local action plans. The aim of the forums is to raise awareness of dementia and work with local communities to enhance facilities for dementia sufferers to ensure they can continue to access services and facilities after diagnosis.
 - This Council has provided 'Dementia Friend' training for over 250 staff, Members and partners and continues to run monthly training sessions,

with a further 30 frontline staff trained as Dementia Champions. This training helps people to understand dementia and how it can affect people as well as providing information on support organisations locally and how to refer for support.

- A range of Dementia Friendly campaigns and events have been held in the District in partnership with GP's and two consultative events about understanding dementia, support carers and the needs in local areas.
- Six dementia cafes have been developed in Sevenoaks town, Swanley, Westerham, Hartley, West Kingsdown and Edenbridge and a number of carer support groups have been set up at these venues.

9 Some of the future work being planned to develop the Dementia Friendly project further include:

- A 'Shop Safe, Stay Safe' Scheme being launched in March 2016.
- Looking to improve signage in the public areas of the Council offices at Argyle Road.
- Dementia Friend training for licensed taxi drivers and drivers of Volunteer Transport Schemes being held in April 2016.
- Further awareness raising workshops, training and events to support carers and give a greater understanding of dementia.

Key Implications

Financial

10 This report is for information only and does not recommend any financial resources at this stage.

Non-Financial

11 Some Officer resources have been allocated to this project from within existing healthy living work already being undertaken by this Council.

Legal Implications and Risk Assessment Statement

12 No decision is required as part of this paper and therefore no perceived impact on end users.

Conclusions

13 Members are asked to note this report.

Background Papers: Local Government Association - Developing Dementia Friendly Communities: Learning and Guidance for Local Authorities:

Agenda Item 5

http://www.local.gov.uk/c/document_library/get_file?uuid=b6401bb0-31a8-4d57-823b-1fde6a09290e&groupId=10180

Lesley Bowles
Chief Officer - Communities & Business

Health Liaison Board Work Plan 2015/16 (as at 17.02/2016)

11 May 2016	14 September 2016	9 November 2016	8 February 2017
Work Place Health Challenge Early Help and Prevention update Housing Survey (including older persons element)	Housing Meeting The Health Needs of Population		

This page is intentionally left blank